

Dig In! Tool Kit

Welcome to the Workshop!

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Thank you for opening the Tool Kit! It's time to organize a workshop on food sovereignty and here are some tools to help you! It's really quite easy (and a bit of work). Let's get to it! Inside this kit we offer descriptions of some great activities that you can use to facilitate new, fun learning experiences on the future of food and farming? on the road to Food Sovereignty. We offer options you can choose from and lots of tips to help you along the way. All the links you need are below! If you want to discuss the activities and any workshop you are planning, please email <http://www.checkyourhead.org> or [Contact Lucy at CBAN](#).

Start Here to see how simple it is:

[Intro and Sample Workshop Agenda](#) with a simple guide to choosing your workshop activities.

1. Ice Breaker Activities: 3 Options

- [Icebreaker: Optional Activity 1 "Move Your Butt"](#)
- [Icebreaker: Optional Activity 2 "BINGO"](#)
- [Icebreaker: Optional Activity 4 "The Round"](#)

2. Warming Up Activities: 3 Options

- [Brainstorm](#)
- [Thermometer](#)
- [Jeopardy](#)

3. Main Activities: 4 Options

- [Food Web String Madness](#)
- [Seeds of Love Dating Game](#)
- [Mapping Food Sovereignty](#)
- [Six Pillars Role Play](#)

4. Taking Action Activities: 3 Options

- [Sea of Change](#)
- [Individual Action Sheet](#)
- [Scategories](#)

Wrap up and Evaluation:

- [Evaluation Form](#)
- Additional Content:**
- [Handout: What is Genetic Engineering?](#)
- [Handout: Who is La Via Campesina?](#)
- [Handout: The 6 Pillars of Food Sovereignty](#)

Action Resources and Contacts

No
10
Yes
No